

## ABSTRACT

A two-step method for the topical treatment of skin aging and acne and the improvement of skin appearance is disclosed. Compositions for use in this method and a kit containing such compositions are also disclosed. The compositions and methods are effective but gentle enough suitable for daily home use by the consumer.

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$$\begin{array}{ccccccc} \left[ \begin{smallmatrix} m \\ n \end{smallmatrix} \right] & \left[ \begin{smallmatrix} m \\ n \end{smallmatrix} \right] & \left[ \begin{smallmatrix} m \\ n \end{smallmatrix} \right] & \left[ \begin{smallmatrix} m \\ n \end{smallmatrix} \right] & \left[ \begin{smallmatrix} m \\ n \end{smallmatrix} \right] & \left[ \begin{smallmatrix} m \\ n \end{smallmatrix} \right] & \left[ \begin{smallmatrix} m \\ n \end{smallmatrix} \right] \\ \text{Humb.} & \text{afr.} & \text{afr.} & \text{afr.} & \text{Humb.} & \text{afr.} & \text{afr.} \end{array}$$